

## What God says about... PRAYER

---

### **Asking for help?**

1. Are you the kind of person who likes to ask for help, or who prefers to do things yourself? What is an example of how this plays out in your life? (eg doing assignments, at work, relationship problems, if you get lost, etc)

### **How Daniel prayed...**

2. Read *Daniel 9:1-23*. When the Bible talks about prayer, fundamentally it is about asking God for help. What things does Daniel ask for in his prayer? (9:4-19)
3. In 9:1-3, what prompts Daniel to pray, and how does it relate to what he prays? How can Daniel's example apply to our prayer life?
4. What gives Daniel confidence and courage to pray (eg 9:16-19)? Does that give you confidence and courage to pray? (why/why not?)
5. How does God respond to Daniel's prayer (9:20-23)? Is that encouraging?

### **What Jesus taught about prayer...**

6. Read *Matthew 6:5-15*. What do we learn about how not to pray?
7. What do we learn about how we should pray and what things we should pray for?

### **Some things you will hear...**

8. Read *John 16:23-27*. What does it mean to pray "in Jesus' name"? Do we have to say that every time we pray?
9. Read *1 Corinthians 14:14-17*. "Amen" is from a Hebrew word, and can be translated by various things like "Let it be", "I agree", "It is true" etc. Why do we say that when praying?

### **Implications and Applications...**

10. Do we need to use any special words or phrases when praying?
11. Are there things we shouldn't ask God for?
12. Does God always answer our prayers? What do we do if we cannot perceive the answer?
13. Are you uncomfortable praying in public? Why/why not?
14. Do you find it hard to pray for a prolonged time? Why/why not?
15. What can we do to encourage each other to prayer more?

*[After the discussion, take some time to pray together, about what you studied, and also sharing any other personal prayer requests.]*